


November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Turkey Vegetable Soup American Chop Suey Wheat Elbow Pasta Broccoli Spears Fresh Fruit Wheat Bread	2 Beef Noodle Soup Roasted Airline Chicken Oven Roasted Potatoes Buttered Carrots Coffee Cake Multi Grain Bread	3 Broccoli & Cheese Soup Beef Wellington w/Ketchup Garlic Spinach Cookie Rye Bread	4 Shrimp & Corn Bisque Florentine Fish Mashed Potatoes Baby Whole Carrots Sliced Peaches Oatmeal Bread
7 Onion Soup Swedish Meatballs Buttered Noodles Green Beans Cookies Marble Bread	8 Venus de Milo Soup Kielbasa w/ mustard Boiled Potatoes 3-Bean Salad Diced Peaches Dinner Roll	9 Lentil Soup Roast Pork Loin w/Applesauce Mashed Sweet Potatoes Mixed Vegetables Fresh Fruit Rye Bread	10 <u>Veteran's Lunch</u> Beef Vegetable Soup Chicken Cordon Bleu w/Gravy Rice Pilaf Florentine Blend Vegetables Spumoni Wheat Bread	11 <p style="text-align: center;"><u>CLOSED</u> Veteran's Day</p>
14 Chicken Soup French Meat Pie Seasoned Spinach Fresh Fruit 12 Grain Bread	15 Escarole & Bean Soup Herb Roasted Grilled Chicken Garlic Mashed Potatoes Asparagus Tips Diced Pears Multi Grain Bread	16 100% OJ Cheese Omelet 2-Fruit Filled Pancakes w/Syrup Baked Tomato Half Greek Yogurt	17 HAPPY BIRTHDAY Kale & Bean Soup Stuffed Peppers w/Sauce Seasoned Whole Wheat Ziti Winter Blend Vegetables Sliced Peaches Rye Bread	18 Thanksgiving Lunch Italian Wedding Soup Roast Turkey w/Gravy Cornbread Stuffing Sliced Seasoned Carrots Pumpkin Pudding Dinner Roll Cranberry Sauce
21 Beef Barley Soup Tuna Salad Tortellini Salad Beet & Onion Salad Fruit Cocktail Pumpernickel Bread	22 Vegetable Soup Chicken Cacciatore Seasoned Whole Wheat Pasta Broccoli Fresh Fruit Wheat Bread	23 Minestrone Soup Pot Roast w/Gravy Mashed Potatoes Mixed Vegetables Tapioca Pudding Marble Bread	24 	25 <p style="text-align: center;"><u>CLOSED</u></p>
28 Tomato & Brown Rice Soup Shepherd's Pie Roasted Brussel Sprouts Sliced Peaches Multi Grain Bread	29 Egg Drop Soup Seafood Chow Mein Crunchy Noodles Asian Blend Vegetables Angel Food Cake Wheat Dinner Roll	30 Red Chowder Stuffed Sole Red Bliss Mashed Potatoes Seasoned Zucchini Fresh Fruit Oatmeal Bread		<p style="text-align: center;">Bread & Milk Served Daily</p>